

## NO HYPE THE NORWEGIAN HYPEREMESIS INITIATIVE

Welcome You to

## First World Colloquium on Hyperemesis Gravidarum

Bergen, Norway 20<sup>th</sup>-21<sup>st</sup> October 2015

Hyperemesis Gravidarum; excessive nausea and vomiting, is a debilitating condition affecting one out of 100 pregnant women. Join us to learn more about causes and consequences and how to lighten the burden for patients. Bergen; the Western Capital of Norway, welcome you to this two-day international meeting. The Norwegian Medical association has acknowledged it as a 16 hours course for Norwegian General Practitioners and Obstetrics-Gynecologists. We admit **poster presentation** from participants. For further information and registration: www.delegia.com/hyperemesis









Nasjonal kompetansetjeneste for kvinnehelse

## Scientific Program

Tuesday 20<sup>th</sup> October

09:00-10:00 Registration

10:00-10:20 Welcome

10:20-10:30 My experience as hyperemesis gravidarum patient.

Katrine Moholt

**10:30-11:00** Hyperemesis gravidarum- a historic overview. Roger Gadsby — UK

Session I: Causes of hyperemesis gravidarum – what do we know? 11:00-11:20 Hormones – what do they have to do with it?

Peng Chiong Tan – Malaysia

11:20-11.40 Hyperemesis gravidarum and genetic susceptibilities – presentation of Norwegian Studies.

Per Magnus - Norway

11:40-12:00 And USA genetic data. Marlena Fejzo - USA

12:00-12:10 Discussion – Moderators

12:10-12:30 Coffee break

12:30-12:50 Latest news on intestinal ecology and pregnancy related conditions. Merete Eggesbø -Norway

12:50-13:10 Hyperemesis gravidarum and Helicobacter pylori. Kjetil Melby –Norway

13:10-13:30 Discussion - Moderators

13:30-14:30 Lunch

Session II: Consequences of hyperemesis gravidarum – what do we know?

14:30-15:00 Hyperemesis gravidarum associated with adverse pregnancy outcomes or not? Andrej Grjibovski – Norway

15:00-15:20 Hyperemesis and maternal complications.

Åse Vikanes **-**Norway

15:20-15:40 Is hyperemesis gravidarum associated with cancer in mothers and offspring? Kathrine Vandraas - Norway

15:40-15:50 Consequences of HG for the cardio-metabolic health of the offspring. Iris Grooten - The Netherlands

15:50-16:10 Discussion

16:10-16:30 Coffee break

16:30-16:50 Similarities between hyperemesis and the Dutch Famine.

Tessa J Roseboom —The Netherlands

**16:50-17:10 Psychosocial burden of hyperemesis gravidarum**. Marlena Fejzo -USA

17:10-17:30 Hyperemesis and mental health illness.

Caroline Maltepe - Canada

17:30-17:50 Prepregnancy physical activity and risk of hyperemesis gravidarum. Wenche Nystad – Norway

17:50-18:05 Prepregnancy diet and risk of hyperemesis gravidarum.

Margareta Haugen-Norway

18:05-18:30 Discussion – Future research questions. Moderators 20:00-22:00 Conference Dinner

Wednesday 21<sup>st</sup> October

08:00-08:30 Breakfast

Session III: Definitions

08:30-09:00 Hyperemesis gravidarum, definition and biomarkers.

Rebecca Painter – the Netherlands

09:00-09.20 PUQE- a useful diagnostic tool?

Gideon Koren - Canada

09:20-10:00 Discussion - Moderators

10:00-10:20 Coffee break

IV: Evidence based treatment of nausea and vomiting in pregnancy 10:20-10:40 The Mother-risk Program and NVP-call line – 20 years of

clinical experience. Caroline Maltepe -Canada

10:40-11:00 Prescription of antiemetic's in UK.

Roger Gadsby - UK

11:00-11:20 Safety of interventions to treat nausea and vomiting in pregnancy. Gideon Koren - Canada

11:20-11:40 The art of rehydration and parenteral nutrition.

Jone Trovik- Norway

11:40-11:50 Enteral nutrition.

Rebecca Painter - The Netherlands

11:50-12:10 Coffee break

12:10-12:30 Patient perspective: Finally!

Representatives from Norwegian HG organization

12:30-12:50 Discussion; How to move forward together?

12:50-13:00 Summary of conference. Åse Vikanes

Safe trip home!

