SCANDINAVIAN SOCIETY FOR THE STUDY OF DIABETES ANNUAL MEETING 2025



THON HOTEL STORO, NYDALEN, OSLO, AUGUST 21–23

Thursday, August 21

09:00-11:00	Pre-symposium: Novo Nordisk	Chair: Kåre I. Birkeland
09:00-10:00	Glucose-sensitive insulin–status and future potential.	Rita Slaaby, Global Drug Discovery
10:00-11:00	Islet transplantation without immunosuppression as cure for type 1 diabetes.	Hanne Scholz
11:00-12:00	Registration and lunch in exhibition area	
12:00–12:15	Opening and welcome remarks	Chair of SSSD Bjørn Olav Åsvold and Chair of local organizing committee Kåre I. Birkeland
12:15–13:35	Session 1: Screening for diabetic eye and liver disease in the Nordic countries	Chair: Hanne Løvdal Gulseth
12:15–12:45	Sweden: Division of Hepatology, Department of Upper Gastrointestinal Diseases, Karolinska University Hospital, Stockholm,	Hannes Hagström
12:45–13:35	Short introductions followed by a round table discussion: Status and experience with retinal screening in the Nordic countries	Denmark: Frederik Persson, Finland: Lena Thorn, Iceland: Ragnar Grímur Bjarnason, Norway: Morten C. Moe
13:35–14:00	Coffee and visit to exhibition	
14:00–14:25	The Swedish Child Diabetes Foundation's Johnny Ludvigsson prize for excellent research in childhood and adolescent diabetes.	Chair: Johnny Ludvigsson
	Prize lecture: <i>IL-35 in focus: A New Frontier in Type 1</i> <i>Diabetes Therapy</i>	Kailash Singh
14:25-15:25	Abstract Presentations (Session Ia): Mechanisms and Pa Diabetes (10 minutes each)	athophysiology of
	Norepinephrine reduces T cell motility in pancreatic islets during late stage islet infiltration during type 1 diabetes	Gustaf Christoffersson

19:00	Welcome reception, Nydalen Bryggeri	
16:20–17:20	Novo Nordisk Foundation Lecture: <i>Virus as cause of type 1 diabetes</i>	Knut Dahl-Jørgensen
	The SGLT2 inhibitor empagliflozin promotes increased capacity for fatty acid oxidation in skeletal muscle cells	Eili Kase
	Low levels of all types of circulating LDL particles are associated with coronary arteries free from atherosclerosis in long-term type 1 diabetes. The Dialong study	Marte Narum
	Testing for effects of nicotine on beta cell mitochondrial function, cell viability and protection against toxic conditions: No significant influence detected	Valdemar Grill
	Diabetes (10 minutes each) Do GLP1 and GIP receptor agonists have metabolic effects in human skeletal muscle cells?	Ulrik Mjåseth
15:40–16:20	Abstract Presentations (Session I b): Mechanisms and P	athophysiology of
15:25–15:40	Coffee and visit to exhibition	
	In the Finnish DIPP Study, Offspring of Mothers with Type 1 Diabetes have Higher Functional Beta-cell Capacity than Offspring of Fathers with Type 1 Diabetes	Katariina Talsi
	Multi-ancestral, trans-generational genome-wide association meta-analysis of gestational diabetes mellitus and glycaemic traits during pregnancy	Gunn-Helen Moen
	High prevalence of autoimmune comorbidities in Norwegian adults with type 1 diabetes: Similar HbA1c and vascular complication rates compared to type 1 diabetes only	Kristine Vaage Hatlen
	Associations between retinal microvasculature and cognition among middle-aged adults with type 1 diabetes	liris Kyläheiko
	The inflammatory path toward type 1 diabetes begins during pregnancy	Johnny Ludvigsson

Friday, August 22

08:30-10:00	Session 2: Diabetes and gestational diabetes in South Asian populations	Chair: Elisabeth Qvigstad
08:30–09:00	Key note lecture: <i>Early pregnancy HbA1c as the first screening test.</i>	Ponnusamy Saravanan, University of Warwick, UK.
09:00–09:15	Prediabetes and diabetes after gestational diabetes.	Archana Sharma, Akershus University Hospital, Norway
09:15–09:45	Key note lecture: Designing and implementing interventions to support healthy and active living in socioeconomically disadvantaged neighborhoods for the prevention of cardiometabolic diseases: a case from Uppsala, Sweden	Meena Daivadanam, Global Health and Migration Unit, Dept. of Women's and Children's Health, Uppsala University
09:45-10:00	Tissue specific insulin resistance after gestational diabetes.	Sindre Lee-Ødegård
10:00-10:30	Coffee and visit to exhibition	
10:30–11:40	Abstract Presentations (Session II) Innovative Managem Strategies (10 minutes each)	ent and Treatment
	Automated insulin delivery system decreases HbA1c by 6.4 mmol/mol 15–18 months after introduction in pediatric patients	Jakob Hansen
	The clinical utility of 15-day continuous glucose monitoring (CGM) data in optimizing glycemic management in patients with type 2 diabetes: A prospective case series	Dr. Sanjay Mahajan
	Impact of preservation of beta cell function on glycemic control. Insights from CGM used in the DIAGNODE-2 trial	Johnny Ludvigsson
	Intensive Beta Cell Rescue at Diagnosis of Type 1 Diabetes: An open-label, controlled, prospective pilot study in children aged 10–17 years	Berit Thorleifsson
	Comparative Proteomics and Transcriptomics of Skeletal Muscle Cell Exosomes – Unique Profiles in Severely	Stian Christiansen

	Obese Individuals with Type 2 Diabetes versus Normal Glucose Tolerance	
	Tissue specific differences in insulin resistance in South Asian and Nordic women with prediabetes after gestational diabetes and controls	Anita Suntharalingam Kvist
	DiaMester – e-Health Program for Type 2 Diabetes Self- Management and Remission	Anne-Marie Aas
11:40–12:00	SSSD Young Investigator Award TBD	
12:00–13:00	Lunch and exhibition	
13:00–14:00	Session 3: Screening for type 1 diabetes risk?	Chair: Lars Christian Stene
	 YES!: Flemming Pociot, University of Copenhagen Denmark 	
	– NO!: Lars Krogvold, Oslo University Hospital	
14:00–15:10	Abstract Presentations (Session III) Lifestyle Interventio Outcomes (10 minutes each)	ns and Surgical
	Long-Term Effects of Gastric Bypass and Sleeve Gastrectomy in Type 2 Diabetes on Obesity- and Surgery-related Outcomes: A Swedish Matched Cohort Study	Gudrún Höskuldsdótti
	Comparing the long-term effects of bariatric surgery and very low energy diet in individuals with type 2 diabetes and obesity	Gudrún Höskuldsdótti
	Long-term effects of gastric bypass versus sleeve gastrectomy on hepatic steatosis in individuals with type 2 diabetes: The Oseberg RCT	Jostein Wågen
	Reversal of proteomic aging with exercise: Results from the UK biobank and a 12-week intervention study	Sindre Lee-Ødegård
	'It has influenced my life in a way greater than just the	Pushpanjali Shakya

	Effect of a 6-month, low-carbohydrate diet on the circulating fatty acid composition in patients with type 2 diabetes: An open-label randomized controlled trial	Julie Fuglsang
	High prevalence of type 2 diabetes and the metabolic syndrome among patients with poorly pharmacologically controlled hypertension: baseline characteristics of the MeDiPA study	Ana Sousa
15:10–15:30	Coffee and visit to exhibition	
15:30–16:30	Session 4: Modern technology for type 1 diabetes– status and prospects?	Chair: Lars Krogvold
15:30–16:20	Key note lecture: Closed loop and the road ahead	Roman Hovorka, Institute of Metabolic Science, University of Cambridge, UK
16:20-16:30	General discussion	
16:30–17:15	The Swedish Child Diabetes Foundation's Johnny Ludvigsson prize for excellent research in childhood and adolescent diabetes.	Chair: Johnny Ludvigsson
	Prize lecture: Understanding the Etiology and Pathogenesis of Type 1 Diabetes	Malin Flodström Tullberg
17:15–17:45	General Assembly of SSSD. Presentation of next year's meeting	
19:00	Congress Dinner	

Saturday, August 23		
08:30–09:15	Knud Lundbeck Award (TBD)	
09:15–10:15	Abstract Presentations (Session IVa) Epidemiology, Public Health, and Quality of Life (10 minutes each)	
	Higher parity is associated with lower likelihood of diabetic complications and mortality in women with type 1 diabetes	Kaarina Rimpeläinen
	Parental income and risk of type 1 diabetes	Lars C. Stene
	Long-term weight change after pregnancy and associations with adiposity measures and cardiometabolic factors at 11-years follow-up in the multi-ethnic population-based STORK Groruddalen cohort	Christin Waage
	The Diabetes Body Project: Acute effects on eating disorder behaviors, risk factors and symptoms, diabetes distress and quality of life among young women with type 1 diabetes in a multi-national randomized controlled trial	Severina Haugvik
	Validation of algorithms for diabetes classification based on linked register-data in Norway	Lars C. Stene
	Lower incretin and higher glucagon levels in South Asian vs Nordic women after gestational diabetes mellitus	Archana Sharma
10:15–10:35	Coffee and visit to exhibition	
10:35–11:15	Abstract Presentations (Session IVb) Epidemiology, Pub of Life (10 minutes each)	lic Health, and Quality
	Sexual health in women with type 1 diabetes – A qualitative study from the ReproDia study	Jesini S.Anurathan
	Optical Coherence Tomography Angiography Assessment of Macular Vessel Density and Foveal Avascular Zone in Type 1 Diabetes	Aleksi Tarkkonen
	HbA1c and BMI in Swedish children with family history of diabetes.	Emma Hedlund

d VV PP D 11:25–12:25 S a 11:25–11:55 K 11:55–12:15 K	Early life physical activity may decrease the risk of developing Type 1 Diabetes: The longitudinal ABIS study Variations in Clinical Characteristics and Differences in Phenotype Among Children Diagnosed with Type 1 Diabetes During the COVID-19 Pandemic in Sweden	Noman Sohail Elsa Palmkvist
11:25–12:25 S a 11:25–11:55 K 11:55–12:15 K c	Phenotype Among Children Diagnosed with Type 1 Diabetes During the COVID-19 Pandemic in Sweden	Elsa Palmkvist
a 11:25–11:55 K 11:55–12:15 K c		
11:55–12:15 K c	Session 5: Incretin-based treatment for type 2 diabetes and obesity.	Chair: Sindre Lee- Ødegård
c	Key note lecture : <i>Gut hormone-based pharmacology.</i>	Bo Ahrén, Department of Clinical Sciences Lund, Lund University, Sweden.
12:15–12:25	Key note lecture : Use of incretin mimetics in the Nordic countries.	Frederik Persson, Steno Diabetes Center, Copenhagen
	General discussion	
12:25–12:35 P	Presentation of the best abstract award followed by closing remarks	
12:35 D		